7th Annual HEART IN DIABETES

EARN CME ABIM-MOC 27.00 CREDITS

Where the Heart, Kidney and Diabetes Meet in Clinical Practice

















Welcome!

Dear Friends & Colleagues,

The Heart in Diabetes (HiD) conference, entering its seventh year, is a renowned medical meeting which brings together global clinical leaders in diabetes, obesity and cardiorenal metabolic diseases together with practicing clinicians to improve the care of patients at a high risk of these comorbidities. This is a unique and exciting multidisciplinary program: Where the Heart, Kidney, and Diabetes Meet in Clinical Practice.

HiD 2023 will be held at the Hilton Penn's Landing in Philadelphia, PA on June 9-11, 2023. This will be a live-in-person conference followed by 90 days on demand. The conference will offer 27 CME / MOC credit.

Each year, the HiD Conference is a rousing success, with progressive growth in attendance and impressive conference evaluations. In 2022 there were over 700 registrations from 76 countries, who rated the overall quality of the meeting at 97.5%. while 98% of participants stated that they would return the following year and recommend the meeting to others.

This one-of-a-kind meeting has become an important venue where clinicians from multiple specialties work together to improve care for patients with diabetes, cardiovascular disease, chronic kidney disease, heart failure, and related conditions.

The 7th HiD 'Luminary in Cardiometabolic Medicine Award' will be presented to Dr. George Bakris. His keynote lecture: Evolution of Renoprotective Therapy in Diabetes Translated into Cardioprotection

The meeting will focus on clinical implications, all sessions will be comprise of or conclude with panel discussions and an open forum for audience questions and ample opportunities for the audience to interact with the faculty.

The conference includes an important Poster program, Oral Abstract Presentations, an attractive Exhibit Hall, and Industry Supported non-CME programs that feature important new scientific concepts with some of the world's best-known educators in their fields.

The abstracts are published in American Heart Journal, Editor-in-Chief: Daniel Mark, MD, MPH).

If you are a cardiologist, endocrinologist, nephrologist, diabetologist, lipidologist, internist, or clinician with an interest in the science of the Heart in Diabetes, this meeting is for you!

We invite you to join us in this exciting endeavor and look forward to seeing you this June in Philadelphia.

Truly yours,



Yehuda Handelsman, MD FACP, FNLA, FASPC, FAHA, MACE



Mikhail N. Kosiborod, MD FACC, FAHA

PROGRAM DESCRIPTION

The Heart in Diabetes (HiD brings a multi-specialty world-renowned leaders in diabetes, obesity and cardiorenal metabolic diseases interpreting state of the art clinical data to improve the care of the complex patients with these comorbidities.

This year, the conference will focus on incorporating emerging data including clinical trials outcome into clinical practice. Emphasis will be given on implementing Guidelines Directed Medical Treatment, addressing when and how to intervene early- to prevent morbidities in patient with Diabetes, cardiorenal and metabolic diseases. The program will mix didactic presentations with cross-specialty panels with leading experts in cardiology, nephrology, endocrinology, and primary care discussing, with ample room for Q & A, optimal multi-disciplinary treatments for these patients.

The meeting will cover a wide range of topics including Obesity impact on Heart and kidney, Women health, ASCVD, HF, Role of Digital & Technology, COVID 19 in Metabolic Conditions, Cardiomyopathy, Stroke prevention and treatment, Diabetes Management, Lipid Disorders and emerging unique topics in the Cardio-renal-Metabolic Space.

LEARNING OBJECTIVES

Upon completion of this meeting, participants should be able to:

- Evaluate the extent of vascular disease in diabetes, obesity, and cardiometabolic diseases.
- Be able to assess cardiovascular risk with imaging and biomarkers.
- Provide comprehensive management of diabetes, addressing all CV risk factor.
- Describe optimal use of technology specifically CGM and digital technology and their impact on diabetes and CVD.
- Be able to recognize hypoglycemia and its impact on the heart.
- Evaluate stroke in diabetes and cardiometabolic conditions.
- Discuss the impact of obesity and weight loss on fatty liver, the kidney, and the heart.
- Evaluate the evidence supporting the use of GLP1-RAs, SGLT2 inhibitors, nonsteroidal MRAs to reduce CKD, HF, ASCVD and mortality in patients with T2D.
- Know new and evolving agents in the treatment of dyslipidemia.
- Evaluate the implication to practice of new CVOTs in Cardio-Renal-Metabolic diseases
- Recognize the impact of diabetes and CVD on the severity of COVID-19
- Understand women cardiometabolic diseases.
- Discuss diabetes, CKD, CVD, and HF in diverse populations.

TARGET AUDIENCE

This educational initiative is designed for cardiologists, endocrinologists, nephrologists, diabetologists, internists, family physicians, nurse practitioners, physician assistants, and other healthcare clinicians interested in the prevention and treatment of diabetes, obesity, cardiovascular disease, and associated conditions.

PROGRAM 2023 **FRIDAY, JUNE 9**

7:00 am		Pre-Registration			
7:00 AM — 8:00 am — 8:		EXHIBIT HALL OPENS CONTINENTAL BREAKFAST Velcome & Introduction Pre-CME Questions	Yehuda Handelsman, N	ND Mikhail Kosiborod, MD	
SESSION 1		HEART DISEASE IN WOMEN Chairs: Christos S. Mantzoros, MD, PhD • Ralph A. DeFronzo, MD			
8:15 am 8:35 am 8:55 am 9:15 am — 9:	TI <i>N</i> P	Aicrovascular Disease and Small-Vessel Disease: The Nexus of Multiple Diseases of Women Menopause and Diabetes — Bidirectional Risk Pregnancy and Heart Failure Risk Panel Discussion and Q&A		Annabelle S. Volgman, MD Erin D. Michos, MD, MHS eha J. Pagidipati, MD, MPH	
SESSION 2		DIAGNOSING ASCVD IN 2023 Chairs: Matthew J. Budoff, MD • Jorge Plutzky, MD			
9:30 am 10:05 am —	R V C 10:35 am P	Anatomical vs Functional Assessment of CAD Role of Biomarkers Pitamin D and Calcium Supplements — Helpful or Harmful for Cardiovascular Disease? FAC- How Early to Test, Predicting ASCVD When is High Score Primary or Secondary Prevention Panel Discussion and Q&A REFRESHMENT BREAK AT THE EXHIBIT HALL	n?	Matthew J. Budoff, MD Neha J. Pagidipati, MD Erin D. Michos, MD, MHS Michael J. Blaha, MD	
SESSION 3	N	MANAGEMENT OF ASCVD CIRCA 2023			
11:05 am 11:25 am 11:45 am	0	Chairs: Laurence S. Sperling, MD • Peter J. Grant, MD Overview of Interventions in CVD & ACS Contemporary Medical Management of Peripheral Artery Disease CVOT 2023 Update		Michael E. Farkouh, MD Marc P. Bonaca, MD, MPH Mikhail N. Kosiborod, MD	
12:05 pm —	12:20 pm P	anel Discussion and Q&A		,	
SESSION 4		DIVERSITY IN DIABETES AND CARDIOMETABOLIC DISEASES Chairs: Derek LeRoith, MD • Christian W. Mende, MD			
12:20 pm 12:40 pm 1:00 pm — 1:	D	Advancing Equity in Diabetes Management - From the Clinic to the Community Diabetes and Cardiometabolic Status in the Arab World Panel Discussion and Q&A]	Joshua J. Joseph, MD, MPH Mahmoud Ibrahim, MD	
1:10 PM -		UNCH BREAK			
1:20 PM –	A		atthew J. doff, MD	Yehuda Handelsman, MD	
SESSION 5		TODAY'S PATIENTS WITH T1D Chairs: Stephano Del Prato, MD ● George Grunberger, MD			
2:10 pm 2:40 pm — 3:	lr Ti	Obesity impact on CVD & CKD in T1D mpact of Short- and Long-Term Glycemic Control on CV Risk in People with T1D he Role of SGLT2i & GLP1ra in Patients with T1D Panel Discussion and Q&A		Elizabeth Selvin, PhD, MPH William B. Horton, MD Richard E. Pratley, MD , PhD; Darren McGuire, MD	
SESSION 6	E	High Discossion and GRA Chairs: Robert J. Chilton, DO • Richard E. Pratley, MD	Dunu Dubeleu, MD,	, THU, DUITER MCCORE, MD	
3:10 pm 3:30 pm 3:50 pm — 4:	T	Controversies in Defining Prediabetes The Unexplained CV Risk- After All Traditional Risks are Accounted for Panel Discussion and Q&A		Elizabeth Selvin, PhD, MPH Ralph A. DeFronzo, MD	
4:05 PM -	4:35 PM R	REFRESHMENT BREAK AT THE EXHIBIT HALL			
SESSION 7		OINT SYMPOSIUM WITH CIRCULATION Chairs: Darren McGuire, MD • Michael E. Farkouh, MD			
4:35 pm 4:55 pm 5:15 pm 5:35 pm 5:55 pm — 6:	D E E	shouldn't Preventing Type 2 Diabetes Also Prevent its Long-Term Consequences? Diabetes, Obesity, and Risk of Heart Failure Among Older Adults Effects of Long-term Metformin and Lifestyle Interventions on Cardiovascular Events in the Dia Empagliflozin and Left Ventricular Remodeling in People Without Diabetes Panel Discussion and Q&A	abetes Prevention Program	Hertzel C. Gerstein, MD Matthew W. Segar, MD Dana Dabelea, MD, PhD Subodh Verma, MD, PhD	

6:15 PM - 7:15 PM WELCOME & POSTER RECEPTION AT THE EXHIBIT HALL

12:20 pm — 12:50 pm

Panel Discussion and Q&A

REFRESHMENTS WILL BE SERVED

7:15 PM - 9:00 PM	DINNER CME SYMPOSIUM Heart and Kidney — Hitting Two Birds with One Stone Chairs: Mikhail N. Kosiborod, MD • Yehuda Handelsman, MD	SUPPORTED BY ASTRAZENECA	
7:15 pm	Introduction & Pre-CME Questions	Mikhail N. Kosiborod, MD	
7:25 pm	The Intersection of CKD and HF- Making the Link	Matthew R. Weir, MD	
7:45 pm	Contemporary Approach to Management of CKD	Katherine R. Tuttle, MD	
8:05 pm	Management of HF Across the LVEF Spectrum	John McMurray, MD, BSC (Hons), MB ChB (Hons)	
8:25 pm	Panel Discussion and Q&A: Do Guidelines-Directed Medical Therapy		
	Address the Complex Patient with both HF & CKD		
	Panel: Mikhail N. Kosiborod, MD ● John McMurray, MD ● Katherine R. Tuttle, MD ● Matthew R. Weir, MD		
	Moderator: Yehuda Handelsman, MD		
8:55 pm	Concluding Remarks & Post-CME Questions		
9:00 pm	Adjourn		

	7:00 am	Registration	SATURDAY, JUNE 10
		EXHIBIT HALL OPENS CONTINENTAL BREAKFAST Pre-CME Questions	
	SESSION 8	DIGITAL & TECHNOLOGY IN METABOLIC CONDITIONS Chairs: Paul S. Jellinger, MD ● Derek LeRoith, MD	
	8:10 am 8:30 am 8:50 am — 9:00 am	CGM Improving CV Outcomes The Future of Cardiometabolic Disease Prevention- The Digital Technology Revolution Panel Discussion and Q&A	George Grunberger, MD Seth S. Martin, MD
	SESSION 9	COVID-19 IN THE CARDIOMETABOLIC PATIENT Chairs: Biykem Bozkurt, MD, PhD • Matthew J. Budoff, MD	
	9:00 am 9:20 am 9:40 am 10:00 am — 10:15 am	Covid and Cardiometabolic Risk Long Covid and the Heart The Postural Orthostatic Tachycardia Syndrome as a Sequela of Covid-19 Panel Discussion and Q&A	Susan Cheng, MD, MPH Tyler J. Gluckman, MD Pam R. Taub, MD
	10:15 AM – 10:45 AI	M REFRESHMENT BREAK AT THE EXHIBIT HALL	
	SESSION 10	CARDIOMYOPATHY Chairs: Mark Kearney, MD • Mansoor Husain, MD	
	10:45 am 11:05 am 11:25 am — 11:35 am	Diabetic Cardiomyopathy: Pathophysiology and Management Cardiac Amyloidosis Pathophysiology, Diagnosis and Management Panel Discussion and Q&A	James L. Januzzi, MD Amrut V. Ambardekar, MD
	SESSION 11	HEART FAILURE - PREVENTION DIAGNOSIS AND MANAGEMENT Chairs: Biykem Bozkurt, MD, PhD • Mikhail N. Kosiborod, MD	
	11:35 am	Prevention of Heart Failure (Screening Guidelines) EF based HF Classification Biomarker Diuretics in Heart Failure (Trial) Optimize Quad Therapy with Sequencing and/vs Timing Atrial Fibrillation in Heart Failure Patients with HFPEF	Biykem Bozkurt, MD, PhD Ileana L. Piña, MD, MPH James L. Januzzi, MD Stephen J. Greene, MD Akshay S. Desai, MD, MPH Mark Kearney, MD

12:50 PM - 1:50 PM LUNCH BREAK

1:00 PM - 1:45 PM PRODUCT THEATER

LUNCH

NON-CME

	Jardiance® (empagliflozin) tablets: A Review of the Latest Data Supported by BI-Lilly	Karol E. Watson, MD, PhD
SESSION 12	HOT TOPICS IN METABOLIC HEALTH Chairs: Vivian A. Fonseca, MD ◆ Peter J. Grant, MD	
1:50 pm 2:10 pm 2:30 pm 2:50 pm — 3:05 pm	Resistant Hypertension- Medications & Procedures NAFLD/NASH in the Continuum of Diabetes-Cardiometabolic Risk: Implications for Diagnosis & Management Imaginomics Throughout the Life-Span Panel Discussion and Q&A	Norman E. Lepor, MD Christos S. Mantzoros, MD, PhD Valentin Fuster, MD, PhD
SESSION 13 3:05 pm 3:10 pm 3:40 pm — 3:50 pm	LUMINARY IN CARDIOMETABOLIC MEDICINE 2023 AWARD Award Presentation by Matthew R. Weir, MD Evolution of Renoprotective Therapy in Diabetes Translated into Cardioprotection Q&A	George L. Bakris, MD
3:50 PM - 4:20 PM	REFRESHMENT BREAK AT THE EXHIBIT HALL	
SESSION 14	THE KIDNEY & THE HEART - SIMILARITIES AND DIFFERENCES Chairs: Erin D. Michos, MD, MHS ● Mark E. Cooper, AO, PhD	
4:20 pm 4:40 pm 5:00 pm — 5:15 pm	Heart Failure and the Intersection of Cardio-Renal-Metabolic Medicine Anemia in CKD and HF- Impact of Management Panel Discussion and Q&A	Stephen J. Greene, MD Matthew R. Weir, MD
SESSION 15	OBESITY IMPACT ON METABOLISM Chairs: Samuel Klein, MD ● Norman E. Lepor, MD	
5:15 pm 5:35 pm 5:55 pm 6:15 pm — 6:30 pm	Cardiometabolic Consequences of Obesity and Weight Loss Obesity and Cardiac Rhythm: The Impact of Weight Loss The Pharmacotherapy Management of Obesity Panel Discussion and Q&A	Samuel Klein, MD Jorge Plutzky, MD W. Timothy Garvey, MD
6:30 PM – 8:00 PM	DINNER CME SYMPOSIUM NEW FRONTIER IN DIABETES KIDNEY AND HEART DISEASE Chairs: George Bakris, MD • Yehuda Handelsman, MD	SUPPORTED BY BAYER
6:30 pm 6:40 pm 7:00 pm 7:20 pm 7:40 pm	Introduction & Pre-CME Questions From Kidney to Heart Disease- Albuminuria, Inflammation, and Fibrosis Finerenone Effects on Metabolism, Morbidities, and Mortality in CKD and T2D The Changing Trajectory of DKD Panel Discussion, Q&A, and Post-CME: Impact of Pathophysiology-Based Treatment on Outcome Panel: George L. Bakris, MD, Vivian A. Fonseca, MD, Mikhail N. Kosiborod, MD, Robert Toto, MD Moderator: Yehuda Handelsman, MD	George L. Bakris, MD Robert Toto, MD Mikhail N. Kosiborod, MD George L. Bakris, MD
7:55 pm 8:00 pm	Post-CME Questions & Concluding Remarks Adjourn	

8:00 PM - 9:00 PM ABSTRACT ORAL PRESENTATION

Chair: George Grunberger, MD, FACP, MACE

Abstract Committee: Zachary T. Bloomgarden, MD, MACE, FASPC • Matthew J. Budoff, MD
Vivian Fonseca, MD • Norman E. Lepor, MD • Derek LeRoith, MD, PhD • Laurence S. Sperling, MD
Abstracts published in the American Heart Journal, Editor-in-Chief: Daniel Mark, MD, MPH

CHEESE & WINE WILL BE SERVED



8:00 PM – 9:30 PM CARDIOMETABOLIC CENTER ALLIANCE - CMCA MEMBERS RECEPTION

7:00 gm	SUNDA Registration	AY, JUNE 11,	2023
7:00 AM - 8:00 AM	•		
8:00 AM - 8:05 AM	ORAL ABSTRACT WINNER AWARD PRESENTATION	George Grunbe	erger, MD
8:05 am — 8:15 am	Pre-CME Questions		
SESSION 16	INCRETINS IN DM, CARDIORENAL & METABOLIC DISEASES Chairs: Ralph A. DeFronzo, MD • Lawrence A. Leiter, MD		
8:15 am 8:35 am 8:55 am — 9:05 am	GLP1-ra for the Reduction of Atherosclerotic CV Risk in Patients with T2D Review of Tirzepatide Address Kidney, CV, and Metabolic Effects Panel Discussion and Q&A	Mansoor Hu Mark E. Cooper,	
SESSION 17	STROKE IN CARDIOMETABOLIC CONDITIONS AND DIABETES Chairs: Stefano Del Prato, MD ● Silvio E. Inzucchi, MD		
9:05 am 9:25 am 9:45 am — 10:00 am	The Intersection of Diabetes, Heart Health, Navigating the Penumbra Stroke Prevention with Anticoagulation: New Insights in High-Risk Patients Panel Discussion and Q&A	Robert J. Ch Gabriel P.	
	N REFRESHMENT BREAK		
SESSION 18	THE KIDNEY Chairs: Matthew R. Weir, MD ■ Christian W. Mende, MD		
10:15 am 10:35 am 10:55 am 11:15 am — 11:30 pm	Prediction of CKD Progression across the eGFR Range Inflammation and Residual Risk in Chronic Kidney Disease — Implication to Therapy Diabetes Management in Chronic Kidney Disease: KDIGO 2022 Clinical Practice Update Panel Discussion and Q&A	Vivian A. Fon Paul M. Ridker, M. Luiza Caramori,	MD, MPH
11:30 AM - 12:30 PM	A LUNCH & CHECK-OUT BREAK		
11:40 AM – 12:25 PM	N PPRODUCT THEATER LUNCH NON-CME What Comes after Identifying Hyperglycemia Secondary to Hypercortisolism? Supported by Corcept Therapeutics	Hanford Yau, MD	
SESSION 19	DYSLIPIDEMIA Chairs: Neha J. Pagidipati, MD → Paul S. Jellinger, MD		
12:30 pm 1:10 pm — 1:30 pm	Why Have PPAR-Alpha Agonists Failed in CV Risk Reduction? LDL-C: How Low Can We Go Safely? Educational Impact on Guideline Adherence & Intensifying Lipid Therapy in Patients with ASCVD - The GOULD EDU Trial Lp(a) How Important Is There Still a Role for CETP in Managing Dyslipidemia? Panel Discussion and Q&A	Lawrence A. L Seth S. M Mikhail N. Kosib Christie M. Ballan	artin, MD orod, MD
SESSION 20	MANAGEMENT OF DIABETES Chairs: Silvio E. Inzucchi, MD ● Richard E. Pratley, MD		
1:30 pm 1:50 pm 2:10 pm — 2:40 pm	Goals, Guidelines, and Recommendations T2DM Remission: Utopia or a Real Expectation? Panel Discussion and Q&A Robert H. Eckel,	Jennifer B. G Stefano Del F MD; Yehuda Handels	Prato, MD
2:40 PM - 2:50 PM	REFRESHMENT BREAK		
SESSION 21	STATE-OF-THE-ART CARDIOVASCULAR DISEASE AND DIABETES Chairs: Erin D. Michos, MD, MHS ● Laurence S. Sperling, MD		
2:50 pm 3:10 pm 3:30 pm 3:50 pm	The Role of Glycemic Control in CVD in T2D-Microvascular Predicts Macrovascular Atherosclerotic Plaque and Stenosis Severity in Patients With & Without DM The Role of Thrombosis Prophylaxis in Patients with Diabetes Risk Associations between Hypoglycemia and CV Outcomes in Type 2 Diabetes: Causality or Guilty by Association?	Robert H. I Rebecca A. J Peter J. G Darren McG	onas, MD Grant, MD
4:10 pm — 4:30 pm	Panel Discussion and Q&A		,

5:00 PM ADJOURN

EARLY INTERVENTION AND INTENSIVE MANAGEMENT

Early Intervention and Intensive Management of Patients with DM & CRMD

Yehuda Handelsman, MD

Jennifer B. Green, MD; George Grunberger, MD; Erin D. Michos, MD

Chairs: Darren McGuire, MD • Richard E. Pratley, MD

Panel Discussion and Q&A

SESSION 22

4:50 pm — 5:00 pm

4:30 pm



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ACCOMMODATIONS

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For reservations: https://www.heartindiabetes.com/accommodations
Rooms will be available on a first-come basis and will be available until all are filled.

If you need special accommodations or if you have any questions about access to any of our activities, please contact the meeting organizers at (818) 342-1889 or info@tmioa.com

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- Endocrine Nurses Society, ENS
- International Federation for Surgery of Obesity & Metabolic Disorders, IFSO
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